

THE RED



Free House

11 High Street Chrishall, Royston, Hertfordshire SG8 8RN Tel: 01763 838792

For Your Table

Sliced Cheesy Ciabatta Bites.	£6.95
Sliced Warm Ciabatta Bites with Virgin Olive Oil.	£4.95
Vegan Bowl of Olives.	£4.95
Vegan Bowl of Stuffed Feta Peppers.	£5.95

Sharing Boards

Stuffed Feta Peppers, Mixed Olives, Warm Pitta Sticks.	£9.95
Italian Five Beans Fritters, Garlic Cheesy Ciabatta Slices, Breaded Mushrooms.	£11.95
Crispy Onion Bhaji, Green Chilli Chutney. GF, Vegan	£8.50

Nibbles

Peri Peri Sticky Chicken Wings, Chipotle Sauce	£7.95
Breaded Whitebait, Tartar Sauce, Crispy Lemon	£7.50
Cauliflower Tempura, Sweet Chilli Sauce, Toasted Sesame Seeds. GF	£6.95
Vegan Green Goddess Hummus, Pitta Sticks.	£7.50

Starters

Grilled Camembert, Caramelised Pears, Onion Chutney, Red Currant Jelly. GF	£10.95
Crispy Atlantic Squid, Boiled Lemon Jam, Tomato and Rocket Salad. GF	£9.50
Traditional Leek and Potato Soup with Butternut Dumplings. GF, Vegan	£8.95
Butterflied Breaded Prawns, Lemon Lime Chilli and Coriander Dressing. GF	£9.95
Grilled Lebanese Chicken Shish Taouk, Tahini Dressing, Pitta Sticks.	£8.95

Please make us aware of any allergies you may have before your meal
(Gluten, Peanuts, Tree Nuts, Celery, Mustard, Eggs, Milk, Sesame, Fish, Crustaceans, Molluscs, Soya, Sulphites, Lupin).

Dietary requirements will be served as and when its ready to avoid any cross contamination with other dishes prepared at the same time.
Fish dishes may contain small bones.
All our food is cooked during service so please be patient during busy times.
Our fryers are used to cook different products so we cannot guarantee the total absence of animal products or allergens.
Menu description do not contain all ingredients used for marination.

Mains

8oz Sirloin Steak, Sautéed Mushrooms, Cherry Tomatoes and Chunky Chips. GF	£29.95
South Indian Lamb Curry, Basmati Rice, Poppadom, Green Chutney and Crispy Onion Bhaji. GF	£22.95
Breaded British Scampi, Minted Peas, Chunky Chips, Lemon,Tartar Sauce.	£16.95
Free Range Pork Belly, Creamy Parmesan Linguine, Basil, Honey Mustard Dressing. GF	£22.95
Cauliflower Shawarma, Sweet Potato Fries, Tahini Dressing. Vegan	£16.95
Hand Pulled Chicken Risotto, Crispy Kale, Parmesan Shavings, Truffle Oil. GF	£19.95
Hand Battered Haddock Fillet, Minted Peas, Chunky Chips, Lemon, Tartar Sauce.	£16.95
Beef Burger, Melted Cheese, Pulled Pork, Lettuce, Tomato, Red Onion, Gherkin, Brioche Bun, Chunky Chips.	£18.95
Grilled Seabass Fillet, Creamy Spinach and Ricotta Tortellini, Sun Dried Pesto.	£22.50

Sauces

Peppercorn Sauce	£4.50
Blue Cheese Sauce	£4.50
Mushroom Sauce	£4.50
Stock Pot Gravy	£4.50

Sides

Chunky Chips GF	£4.50
Onion Rings	£4.50
Sweet Potato Fries GF	£4.50
Parmesan Fries GF	£4.50
Cheesy Fries GF	£4.50
Buttered Broccoli GF	£4.50
Coleslaw	£4.50

Kid's Meals

Home Made Battered Fish Finger, Chips and Garden Peas.	£8.50
Crispy Fried Chicken Nuggets, Chips and Garden Peas.	£8.50
Cheesy Macaroni Pasta and Garlic Bread.	£8.50
Grilled Sausages, Creamy Mash and Garden Peas.	£8.50

Desserts

Spiced Apple and Amaretto Biscoff Crumble, Vanilla Ice-Cream.	£8.50
Homemade Sticky Toffee Pudding, Caramel Sauce, Salted Honeycomb Ice-Cream.	£8.50
Homemade Chocolate Brownie, Chocolate Sauce, Chocolate Ice-Cream.	£8.50
Banoffee Cheesecake, Pear Compote.	£7.95
Pot Of Salted Caramel Burnt Crème, Biscoff Biscuits.	£7.95
Vegan Rice and Forest Fruit Pudding, Vegan Ice-Cream. GF	£8.25
Selection of English Cheese, Homemade Chutney and Crackers.	£11.50

Selection of Ice Cream and Sorbets

Madagascar Vanilla	£2.95
Double Chocolate	£2.95
Salted Caramel and Honeycomb	£2.95
Vegan Vanilla	£2.95
Lemon Sorbet	£2.95
Raspberry Sorbet	£2.95

Tea and Coffee

Flat White	£3.85
Americano	£3.50
Cappuccino	£3.85
Café Latte	£3.85
Espresso	£2.95
Double Espresso	£3.85
Macchiato	£3.85
Mocha	£3.85
Irish Coffee	£6.95
Decaf	£3.85
Hot Chocolate	£4.50

English Breakfast	£3.75
Earl Gray	£3.75
Peppermint	£3.75
Green Tea	£3.75
Red Berries	£3.75

GF - Gluten Free

Special Dietary Requirements Please Speak to Member of Staff.



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THE RED
COW



11 High Street,
Chrishall, Royston,
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